

Pocket Card: A Guide for Health Care Professionals

Printing Instructions

In most cases, you should be able to print and fold without any special set-up. A color printer is preferred but not required.

If some text is getting cut off:

1. Click on **Print*** icon
2. Under the heading **Page Scaling**
3. Select **Shrink to printable area** or **Shrink to fit page**
4. Click **OK**

*You can also access **Print** under the **File** tab and selecting print under the pull down menu.

Note: Checking the Shrink option will reduce the point size of the font making it smaller. Try printing the page first and leave the shrink box unchecked.

To create pocket card:

1. Print on 8 1/2 X 11 inch paper.
2. Fold paper in half horizontally.
3. Fold in thirds with breastfeeding symbol and title as front panel and resources on back panel.

Pocket card may be copied and distributed as desired.